

# Positive Notes

Recently the following residents have met their therapy goals and returned home: Tom Mulka, Eunice Braidwood, Michael O'Shea, Joan Spens, Richard Miller, Jon Charles, Joanie Budnik, Mark Darga, Mabel Kania, Kathleen Adrian, Phyllis Stempky, and Sheila Beam. We enjoyed getting to know each of them and wish them all the best in staying healthy and strong!! In August we hosted our first ever Lemon Bake-off. We had 18 lemon desserts entered for our celebrity judges and our residents to try. The top three winners were Mary Asam, Mary Rice, and Dana J. Stempky. Thank you to all staff and family members who entered a dish-everything was delicious!!

# What's New

In a new event, we entertained our residents and their families for an evening of campfire songs and s'mores in the courtyard. Thank you to Tom & Jan Dullack for playing and leading the singing. The s'mores were delicious and the sticky fingers were definitely worth it!! This month let Jennifer or Paula know if you are interested in going for a hot dog picnic at Ocqueoc Falls! Three dates are available to participate.



Medilodge of Rogers City  
555 N. Bradley Hwy.  
Rogers City, MI 49779

## Happy Birthdays!



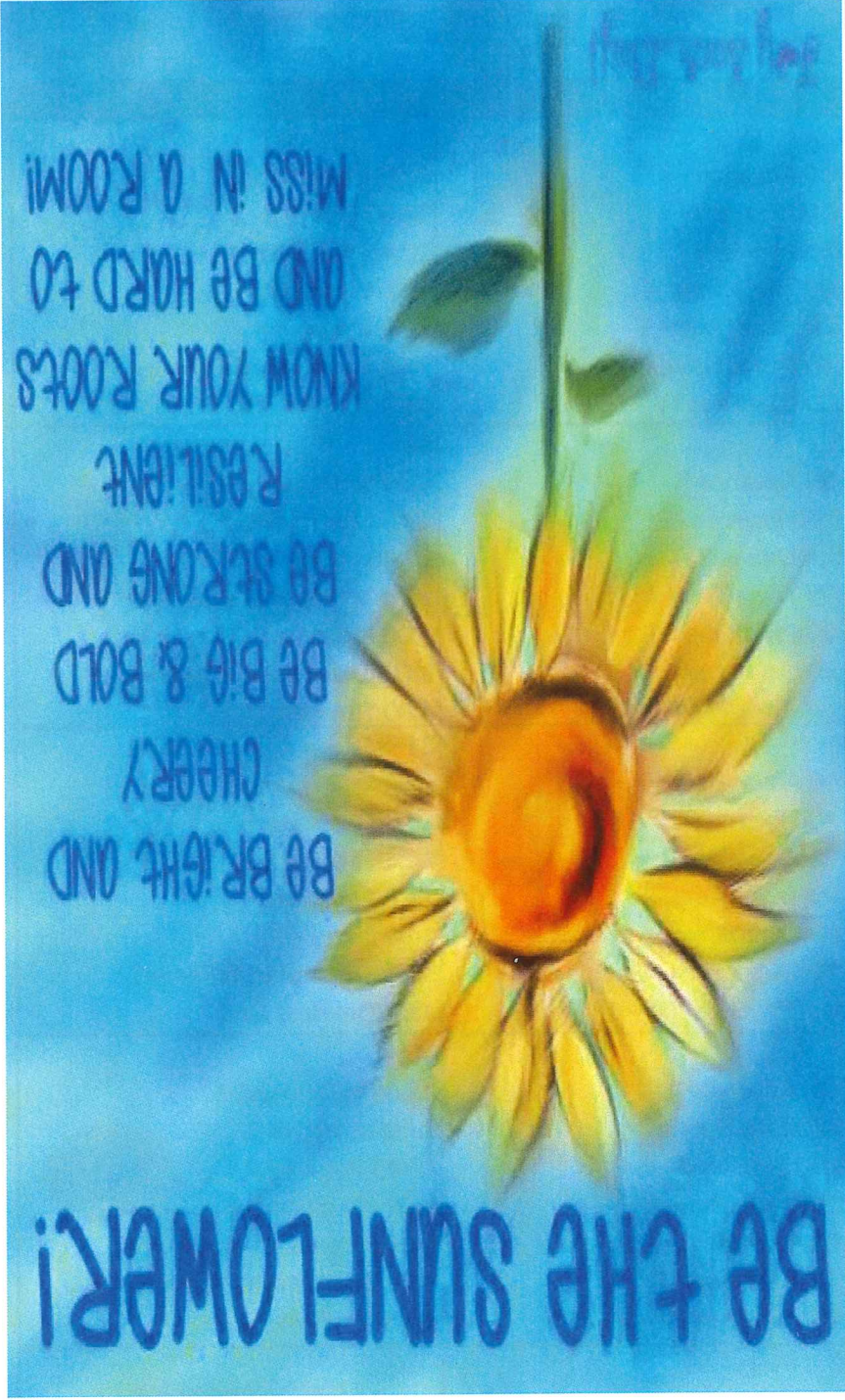
Resident and Staff Birthdays

Please wish the following residents and staff a very Happy Birthday on their special days!! Lorene Finch 9/5, Audrey Thomas 9/8, Norma Buczkowski 9/8, Ashley Lambert 9/12, Judy Robinson 9/16, Beverly Wirgau 9/23, Steven Selke 9/25, Kelsi Shea 9/28, Eleanor Verzosa-Mina 9/29. Happy

Birthdays All!!



In remembrance of our dear friends Esther Schaedig, Bertha Hopp, Donna Widger, Janice Heiger, and William "Chick" Kimek. Please keep their families in your thoughts and prayers. They were a special part of our family and they will be missed.



BE THE SUNFLOWER!

BE BRIGHT AND CHEERY

BE BIG & BOLD

BE STRONG AND RESILIENT

KNOW YOUR ROOTS

AND BE HARD TO MISS IN A ROOM!

J E G N O I T A C A V X E A F B  
Z A N E A X I W M N K R P X J K  
A R I J M G A Y T I N U M O C L  
W N V J V Q B D S A M E R I C A N  
U I R O K F R E N N I U K L G I A  
Q N E P I X P M S E G A W R I A F  
P G S G Z T N O I T A R B E L E C  
P S E D E R Z C U N I O N S W H B  
W X D M R Y F J Y G Z U Q J B S F  
X E B G R E Y F A F E Y X G R Y W  
T E E R U C Y J D G Q P A E N O Z  
R I D K W E F O I K D R D R C J  
A C S I E B O X L H L A G K N U Z  
Q Z J R F N Z H O P R B E S Z O U  
X S O K M O D S H A M R A S K A M  
R O B A L N Y C P I S E Z Q N Z X  
Z C S K E U Q E B R A B D A D L N

## Labor Day

UNIONS	BARBECUE	WORKERS	FAIR
HOLIDAY	JOBS	LABOR	MONDAY
SEPTEMBER	VACATION	WEEKEND	PARADE
COMMUNITY	DESERVING	EMPLOYER	EARNINGS
CELEBRATION	AMERICAN		

# September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday												
<p>1 9:00 On Demand - 2 10:00 Sunday Stretch-2 10:30 Creative Craft - 2 1-4 Spitzer - 3 1:30 Courtyard - 7 3:00 Bible Study-2 4 Non Denominational CS - 1</p> <p>8 <b>Grandparents' Day</b> 9:00 On Demand - 2 10:00 Sunday Stretch-2 10:30 Creative Craft - 2 1-4 Spitzer - 3 1:00 Painting-2 3:00 Happy Hour-1 4:00 Lutheran Church Service-1 5 Sentimental Reflections-1</p>	<p>2 <b>Labor Day</b> 9:30 Weekly Puzzle-2 10:00 Exercise -1 10:00 Sunday Stretch-2 10:30 Creative Craft - 2 1-4 Spitzer - 3 1:00 Painting-2 3:00 Happy Hour-1 4:00 Lutheran Church Service-1 5 Sentimental Reflections-1</p> <p>3 9:30 Old Time Radio-2 10:00 Catholic Mass-1 11:00 Stimulate Your Senses-2 1:00 Stimulate Your Senses-2 1:15 Resident Council - 3 1:00 Courtyard - 7 2:00 Candy Bingo-1 3:30 Book Club-2 4:00 Timeless TV-1</p>	<p>4 9:00 Coffee Clutch - 2 10:00 Exercise-1 10:45 Fuse Beads-2 1:00 Courtyard - 7 2:00 Open Bowling-1 3:30 Music &amp; Memories - 1 4:00 Timeless TV-1</p> <p>5 9:30 Old Time Radio-2 10:00 Fruit &amp; Jewelry Bingo-1 11:00 Food Fun - 2 1:00 Exercise -1 2:00 Tea Party - 1 4:15 Lutheran Church -1 5 Sentimental Reflections-1</p>	<p>6 9:00 Advance - 3 10:00 Exercise -1 10:30 Jewelry - 2 1:00 Trivia Time -2 2:00 Prize Bingo-1 3:30 Derby Day!!- 1 5:00 Timeless TV - 1</p> <p>7 9:00 OnDemand- 3 10:00 Exercise- 1 10:45 Popcorn - 2 1:00 Courtyard - 7 2:00 Bingo - 1 3:00 Dean Martin Show - 1 4:00 Timeless TV - 1</p>	<p>9 9:30 Weekly Puzzle-2 10:00 Exercise -1 10:00 Sunday Stretch-2 10:30 Creative Craft - 2 1-4 Spitzer - 3 1:00 Game Time - 2 3:00 Happy Hour-1 4:00 Lutheran Church Service-1 5 Sentimental Reflections-1</p> <p>10 <b>Patriot Day</b> Wear <b>Red, White &amp; Blue</b> 9:30 Old Time Radio-2 10:00 Catholic Communion-1 11:00 <b>Ocqueoc Falls Outing</b> 2:00 Candy Bingo-1 3:30 Book Club-2 4:00 Timeless TV-1</p>	<p>11 9:30 Old Time Radio-2 10:00 Exercise-1 10:45 Fuse Beads-2 1:00 Courtyard - 7 2:00 Open Bowling-1 3:30 Music &amp; Memories -1 4:00 Timeless TV-1</p> <p>12 9:30 Old Time Radio-2 10:00 Fruit &amp; Jewelry Bingo-1 11:00 Food Fun - 2 1:00 Exercise -1 2:00 Tea Party - 1 4:15 Lutheran Church -1 5 Sentimental Reflections-1</p>	<p>13 9:00 Advance-3 10:00 Exercise-1 10:30 Jewelry - 2 1:00 Trivia Time-2 2:00 Prize Bingo-1 3:30 Listen Up!!- 1 5:00 Timeless TV - 1</p> <p>14 9:00 OnDemand-2 10:00 Exercise-1 10:45 Popcorn-2 1:00 Courtyard-7 2:00 Bingo -1 3:00 Dean Martin Show-1 4:00 Timeless TV-1</p>	<p>15 9:00 On Demand - 2 10:00 Sunday Stretch-2 10:30 Creative Craft - 2 1-4 Spitzer - 3 1:30 Courtyard - 7 3:00 Bible Study-2 4 Non Denominational CS - 1</p> <p>16 9:30 Weekly Puzzle-2 10:00 Exercise -1 10:00 Sunday Stretch-2 10:30 Creative Craft - 2 1-4 Spitzer - 3 1:00 Game Time - 2 3:00 Happy Hour-1 4:00 Lutheran Church Service-1 5 Sentimental Reflections-1</p>	<p>17 9:30 Old Time Radio-2 10:00 Catholic Mass-1 10:00 Arts &amp; Crafts-2 1:00 Exercise - 1 2:00 Candy Bingo-1 3:30 Book Club-2 4:00 Timeless TV-1</p> <p>18 9:00 Coffee Clutch - 2 10:00 Exercise-1 10:45 Fuse Beads-2 1:00 Courtyard - 7 2:00 Open Bowling-1 3:30 Music &amp; Memories -1 4:00 Timeless TV-1</p>	<p>19 9:30 Old Time Radio-2 10:00 Fruit &amp; Jewelry Bingo-1 11:00 Food Fun - 2 1:00 Exercise -1 2:00 Tea Party - 1 4:15 Lutheran Church -1 5 Sentimental Reflections-1</p> <p>20 9:00 Advance-3 10:00 Exercise-1 10:30 Jewelry - 2 1:00 Trivia Time - 2 2:00 Prize Bingo-1 3:30 Game Time - 2 5:00 Timeless TV - 1</p>	<p>21 9:00 OnDemand-2 10:00 Exercise-1 10:45 Popcorn-2 1:00 Courtyard-7 2:00 Bingo -1 3:00 Dean Martin Show-1 4:00 Timeless TV-1</p> <p>22 9:30 Weekly Puzzle-2 10:00 Exercise-1 10:00 Sunday Stretch-2 1-4 Spitzer-3 4 Non Denominational CS - 1 5:00 Timeless TV - 1</p>	<p>23 9:30 Old Time Radio-2 10:00 Catholic Communion -1 11:00 <b>Ocqueoc Falls Outing</b> 1:00 Exercise - 1 2:00 Candy Bingo-1 3:30 Book Club-2 4:00 Timeless TV-1</p> <p>24 9:30 Old Time Radio-2 10:00 Coffee Clutch - 2 10:00 Exercise-1 10:45 Fuse Bead Project-2 1:00 Courtyard - 7 2:00 Open Bowling-1 3:30 Sing-A-Long -1 4:00 Timeless TV-1</p>	<p>25 9:00 Coffee Clutch - 2 10:00 Exercise-1 10:45 Fuse Bead Project-2 1:00 Courtyard - 7 2:00 Open Bowling-1 3:30 Sing-A-Long -1 4:00 Timeless TV-1</p> <p>26 9:30 Old Time Radio-2 10:00 Fruit &amp; Jewelry Bingo-1 11:00 Food Fun - 2 1:00 Exercise - 1 2:00 Sept. Birthday Party - 1 4:15 Lutheran Church-1 5 Sentimental Reflections-1</p>	<p>27 9:00 Advance-3 10:00 Exercise-1 10:30 Jewelry-2 1:00 Trivia Time -1 2:00 Prize Bingo-1 3:30 Reminiscence-2 5:00 Timeless TV - 1</p> <p>28 9:00 On Demand-2 10:00 Exercise-1 10:45 Popcorn-2 1:00 Courtyard -7 2:00 Bingo-2 3:00 Dean Martin Show-1 4:00 Timeless TV-1</p>	<p>29 9:00 On Demand-2 10:00 Sunday Stretch-2 10:30 Creative Craft - 2 1-4 Spitzer-3 1:30 Courtyard-7 3:00 Bible Study-2 4 Non Denominational CS - 1</p> <p>30 9:30 Weekly Puzzle-2 10:00 Exercise-1 10:00 Sunday Stretch-2 10:30 Creative Craft - 2 1:00 Painting-2 3:00 Happy Hour-1 4:00 Lutheran Church Service-1 5 Sentimental Reflections-1</p>	<p style="text-align: center;"> <b>National Breakfast Month * Good Manners Month *                      Classical Music Month * Women's Friendship Month *                      Honey Month * Potato Month * Self Improvement                      Month * Square Dance Month</b> </p>	<p>Activities = On Demand                      * Movies                      * Music                      * Wii                      * Nail Painting                      (Sign up in the Activity Room)</p>	<p>Always Available:                      * Cards                      * Word Searches                      * Puzzles                      * Books                      * Coloring</p>	<p>Meal Times:                      Breakfast 7:45 a.m.                      Lunch 11:45 a.m.                      Dinner 5:45 p.m.</p>

Key:  
 1 = Main Dining Room  
 2 = Activity Room  
 3 = Front Day Room  
 4 = F Hall Common Area  
 5 = E Hall Dining Room  
 6 = Beauty Shop  
 7 = Courtyard

