

# March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Key:</b> 1 = Main Dining Room 2 = Activity Room 3 = Front Day Room 4 = F Hall Common Area 5 = E Hall Dining Room					1 9:00 Advance-3 10:00 Exercise-1 10:30 Jewelry - 2 1:00 Mens Bowling-3 2:00 Prize Bingo-1 3:30 Derby Day-1 5:00 Timeless TV-1	2 9:00 OnDemand-2 10:00 Exercise-1 10:45 Popcorn-2 1:00 Fancy Fingers-2 2:00 Bingo-1 3:00 Dean Martin Show-1 4:00 Timeless TV-1
3 9:00 On Demand - 2 10:00 Sunday Stretch-2 10:30 Creative Craft - 2 1-4 Spitzer - 3 1:30 Team Game - 1 3:00 Bible Study-2 4 Non Denominational CS - 1	4 9:30 Weekly Puzzle-2 10:00 Exercise -1 11:00 Stimulate Your Senses-2 1:00 Painting-2 3:00 Happy Hour-1 4:00 Pen Pals-2 5 Sentimental Reflections-1	5 9:30 Old Time Radio-2 10:00 Catholic Mass-1 10:00 Arts & Crafts-2 2:00 Bingo-1 3:15 Sit & Be Fit-1 3:30 Book Club-2 4:00 Timeless TV-1	6 Ash Wednesday 9:00 Coffee Clutch 10:00 Exercise-1 10:45 Fuse Beads-2 1:15 Resident Council-3 2:00 Ladies Bowling-2 3:00 Music & Memories-1 4:00 Timeless TV-1	7 9:30 Old Time Radio-2 10:00 Fruit & Jewelry Bingo-1 11:00 Food Fun-2 1:30 Rummy/Cards/Board Games-1 2:00 Tea Party-1 3:15 Sit & Be Fit-1 4:15 Lutheran Church-1	8 9:00 Advance-3 10:00 Exercise-1 10:30 Jewelry - 2 1:00 Mens Bowling-3 2:00 Prize Bingo-1 3:30 Listen Up!!-1 5:00 Timeless TV-1	9 9:00 OnDemand-2 10:00 Exercise-1 10:45 Popcorn-2 1:00 Fancy Fingers-2 2:00 Bingo-1 3:00 Dean Martin Show-1 4:00 Timeless TV-1
10 9:00 On Demand - 2 10:00 Sunday Stretch-2 10:30 Creative Craft - 2 1-4 Spitzer - 3 1:30 Team Game - 1 3:00 Bible Study-2 4 Non Denominational CS - 1	11 9:30 Weekly Puzzle-2 10:00 Exercise-1 11:00 Stimulate Your Senses-2 1:00 Painting-2 3:00 Happy Hour-1 4:00 Trivia-2 5 Sentimental Reflections-1	12 9:30 Old Time Radio-2 10:00 Catholic Communion-1 10:00 Arts & Crafts-2 2:00 Bingo-1 3:15 Sit & Be Fit - 1 3:30 Book Club-2 4:00 Timeless TV-1	13 9:00 Coffee Clutch -2 10:00 Exercise-1 10:45 Fuse Bead Project-2 2:00 Ladies Bowling-1 3:30 Sing-A-Long - 1 4:00 Timeless TV-1	14 9:30 Old Time Radio-2 10:00 Fruit & Jewelry Bingo-1 11:00 Food Fun-2 1:30 Rummy/Cards/Board Games-1 2:00 Tea Party-1 3:15 Sit & Be Fit-1 4:15 Lutheran Church-1	15 9:00 Advance-3 10:00 Exercise-1 10:30 Jewelry-2 1:00 Mens Bowling-3 2:00 St. Pat's Bingo-1 3:30 Reminisce-2 5:00 Timeless TV-1	16 9:00 On Demand-2 10:00 Exercise-1 10:45 Popcorn-2 2:00 Bingo-1 3:00 Dean Martin Show-1 4:00 Timeless TV-1
17 <b>Happy St. Patrick's Day!!</b> 10:00 Sunday Stretch-2 10:30 Creative Craft-2 1-4 Spitzer-3 1:30 Team Game - 1 3:00 Bible Study-2 4 Non Denominational CS - 1 Wear Your Green	18 9:30 Weekly Puzzle-2 10:00 Exercise-1 11:00 Stimulate Your Senses-2 1:00 Painting-2 3:00 Happy Hour-1 4:00 What's in the Bag-2 5 Sentimental Reflections - 1	19 9:30 Old Time Radio-2 10:00 Catholic Communion-1 10:00 Arts & Crafts-2 2:00 Bingo-1 3:15 Sit & Be Fit - 1 3:30 Book Club-2 4:00 Timeless TV-1	20 <b>First Day of Spring!!!!</b> 9:00 Coffee Clutch -2 10:00 Exercise-1 10:45 Fuse Bead Project-2 12:00 Senior Center Lunch 2:00 Ladies Bowling-1 3:30 Music & Memories -1 4:00 Timeless TV-1	21 9:30 Old Time Radio-2 10:00 Fruit & Jewelry Bingo-1 11:00 Food Fun-2 1:30 Rummy/Cards/Board Games-1 2:00 Tea Party-1 3:15 Sit & Be Fit-1 4:15 Lutheran Church-1	22 9:00 Advance-3 10:00 Exercise-1 10:30 Jewelry-2 1:00 Mens Bowling-3 2:00 Prize Bingo-1 3:30 Table Games 5:00 Timeless TV-1	23 9:00 On Demand-2 10:00 Exercise-1 10:45 Popcorn-2 2:00 Bingo-2 3:00 Dean Martin Show-1 4:00 Timeless TV-1
24 9:00 On Demand-2 10:00 Sunday Stretch-2 10:30 Creative Craft-2 1-4 Spitzer-3 1:30 Team Game-1 3:00 Bible Study-2 4 Non Denominational CS - 1	25 9:30 Weekly Puzzle-2 10:00 Exercise-1 11:00 Stimulate Your Senses-2 1:00 Painting-2 3:00 Happy Hour-1 4:00 Game Time-1 5 Sentimental Reflections-1	26 9:30 Old Time Radio-2 10:00 Catholic Communion-1 10:00 Arts & Crafts-2 2:00 Bingo-1 3:15 Sit & Be Fit - 1 3:30 Book Club-2 4:00 Timeless TV-1	27 9:00 Coffee Clutch-2 10:00 Exercise-1 10:45 Fuse Bead Project-2 11:15 Music-1 2:00 Ladies Bowling-1 3:00 Sing-A-Long-1 4:00 Timeless TV-1	28 9:30 Old Time Radio-2 10:00 Fruit & Jewelry Bingo-1 11:00 Food Fun-2 1:30 Rummy/Cards/Board Games-1 2:00 March Birthday Party-1 3:15 Sit & Be Fit-1 4:15 Lutheran Church-1	29 9:00 Advance-3 10:00 Exercise-1 10:30 Jewelry-2 1:00 Mens Bowling-3 2:00 Prize Bingo-1 3:30 Auction Prizes 5:00 Timeless TV-1	30 9:00 On Demand-2 10:00 Exercise-1 10:45 Popcorn-2 2:00 Bingo-2 3:00 Dean Martin Show-1 4:00 Timeless TV-1
31 9:00 On Demand - 2 10:00 Sunday Stretch-2 10:30 Creative Craft - 2 1-4 Spitzer - 3 1:30 Team Game - 1 3:00 Bible Study-2 4 Non Denominational CS - 1	*Woman's History Month* *National Crafting Month* *Optimism Month*		Meal Times: Breakfast 7:45 a.m. Lunch 11:45 a.m. Dinner 5:45 p.m.		Always Available: ★ Cards ★ Word Searches ★ Puzzles ★ Books ★ Coloring	Activities = On Demand ★ Movies ★ Music ★ Wii Nail Painting (Sign up in the Activity Room)